



CAT'S OFFICIAL BIO

Catherine Bird is a Bible study teacher and author who is passionate about helping parents and tweens explore the wonder of God's Word. She has written several books including, *Becoming a Girl of Grace: A Bible Study for Tween Girls and Their Moms*, *Building Circles of Grace*, *The Art of Amen*, and *Armor of God* (releasing April 2021).

Cat's messages equip and encourage families to:

- Break out of society's mold of "normal" and embrace the authentically created people God designed each of us to be.
- Embrace the Truth that each and every person bears the image of our Creator and was created *with purpose for a purpose*.
- Join the counter culture of other parents, tweens, and teens, who no longer feel conformed to worldly expectations.
- Find release from busy schedules and be transformed by spending time in God's word together.

Through her years as a Bible study teacher and youth leader, Cat has learned effective techniques for teaching both adults and tweens. She delights in helping parents and kids delve deeper into Scripture while strengthening their relationship with one another. She has a knack for combining Scripture teaching with fun, memorable activities.

Catherine has always been passionate about community. She has consulted with a number of not-for-profit organizations on how to build successful grant programs and to date has assisted in raising more than \$8 million in grant dollars. She has built a reputation as knowledgeable development professional and spent several years serving as a guest lecturer for Mission Capital (formerly Greenlights for Nonprofit Success). Catherine also actively volunteers within her community, where she has served in a variety of roles and capacities with The Junior League of Austin, R.O.C.K. Ride on Center for Kids, First United Methodist Church of Round Rock, Redeemer Lutheran

School, and many other nonprofit organizations. She continues to support small group study, both online and in person, which enables her to come alongside of the moms and tweens she so loves to serve.

Catherine is married to Travis Bird, her college sweetheart (and the cutest West Texas boy *ever*). Together they have two daughters, the eldest of whom has followed in her parents' footsteps at Texas A&M University. Whoop! Catherine enjoys anything that has to do with colored pencils, glitter and glue. She likes to say she's multi-lingual, and crafting is definitely a language she speaks well. For more information on Catherine's books and resources for parents and tweens, visit catherinebird.net.