

Catherine Bird ~ Author



Catherine Bird is an author and speaker who is passionate about moms and tween girls and loves to encourage each—small and tall—in their own journey of faith. In the midst of this crazy thing called life, Catherine simply seeks to glorify God through her family and faith. Through her writing, speaking and conferences, she encourages moms and daughters to:

- Break out of society's mold of normal and embrace the authentically created girls of grace God designed each of us to be.
- Obliterate the enemy's message that our mommy wisdom is irrelevant for our daughters.
- Join the counter culture of other moms and daughters who no longer feel conformed to worldly expectations.
- Find release from busy schedules and be transformed by spending time in God's word together.

As a mom of two daughters, Catherine understands how unique the mother/daughter bond truly is. A few years ago, she looked tirelessly for a Bible study to share with her oldest tween daughter. Catherine found countless options for children and teens but very few for the tween age group—and none of these options were designed for moms and tween daughters to share together. Recognizing an unfulfilled need, Catherine wrote *Becoming a Girl of Grace, A Joint Bible Study for Tween Girls & Their Moms*. Since then, she has continued developing works for the Girls of Grace mom and daughter Bible study series.

For the last several years, Catherine has been on an incredible journey to deepen her relationship with her daughters while chasing after God together. Part of this journey led to the birth of Team Grace Ministries (TGM), an organization founded by Catherine with the mission of helping moms and daughters strengthen their relationships through scripture study and fellowship. The goal of TGM Bible studies and events is that no one remains unchanged, and every mom and daughter leaves with an ignited passion for God and a strengthened bond with one another.

Catherine and her husband currently live near Austin, Texas, with their daughters, one lovable Australian Shepherd and the quirkiest chocolate Labrador retriever ever. When Catherine is not at her desk writing, she can often be found in Barre class, scoping out some fun new hiking destination with her family, or jumping on the trampoline with her girls. She also believes wholeheartedly in yoga pants, Taco Tuesday and Aggie football. Catherine holds a bachelor's degree from Texas A&M University.