

Living Like a Girl of Grace Conversation Starters

Sample By Catherine Bird

Welcome, Moms and Daughters!

Welcome! I'm so glad you're spending time together with *Living Like a Girl of Grace*. These Conversation Starters are here to help you build trust, share stories, and have honest, grace-filled conversations as you explore what it means to grow friendships and relationships rooted in God's love.

Each chapter of this book focuses on a real-life challenge girls face today—things like friendships, forgiveness, standing up for others, and using our words well. These prompts are meant to help you pause, connect, and reflect on how God shows up in the middle of it all..

For every chapter, you'll find three types of questions:



Heart-to-Heart – gentle, open-ended questions to help your girl share what's on her mind and heart



Grace in Practice – simple ways to take what you've learned and live it out this week



Flashback for Mom – short prompts to help you share a story from your own growing-up years (yes, even the awkward ones!)

You don't need perfect answers. Just a willingness to show up for each other, listen well, and walk through these conversations with love and grace.

Let the conversations begin!

With grace,

Catherine

Chapter 1—Celebrating the Beauty of You



HEART-TO-HEART:

What does it mean to be beautiful in God's eyes? How do you feel about yourself when you hear that truth?



GRACE IN PRACTICE:

What's one way we can remind ourselves or each other this week that we are fearfully and wonderfully made?



FLASHBACK FOR MOM:

Was there a time when you struggled with confidence? How did you learn to see yourself through God's eyes?